

To: All UChicago Medicine and BSD Faculty and Staff
 From: Bob Hanley, Sr. Vice President and Chief Human Resources Officer
 Subject: Important Employee Assistance Program (EAP) Information
 Date: Tuesday, September 17, 2019

The approaching nurses' strike is bound to be a difficult, stressful time for many of our team members. While we have our P.R.I.D.E. Values to help guide our interactions with one another, sometimes we may need additional help in diffusing potentially difficult situations or identifying signs of stress in ourselves and our colleagues who may need support.

As a result, we are expanding access to Perspectives, our Employee Assistance Program (EAP), and have enlisted their counselors and coaches on campus for in-person support beginning Wednesday, Sept. 18 from 2:00 – 5:00 pm in CCD Room 07710.

Perspectives representatives will then be available in the CCD daily from 6:00 – 9:00 am, and 2:00 – 5:00 pm to accommodate our team members across all shifts, through Friday, September 27*. The daily locations are listed below.

Location	Dates, 6:00 – 9:00 am and 2:00 – 5:00 pm
CCD Room 07710	Wednesday, Sept. 18 (2:00 – 5:00 pm only) Thursday, September 19 Friday, September 20 Monday, September 23
CCD Room 07750	Saturday, September 21 Sunday, September 22
To be confirmed	Tuesday, September 24 - Friday, September 27

*Please note this is an updated schedule from what appeared in the September 17 Workforce Disruption Update email.

Perspectives will also continue to be available 24/7 over the phone or online to any employee in need of support. To reach a representative by phone, call 800-456-6327. To reach a representative online, visit perspectivesltd.com and use the following login information: user name: UCH001 password: perspectives

Additionally, employees can video chat with Perspectives through their computer or smartphone. First, make an appointment by calling 800-456-6327. A representative will then email a link to the Zoom video conference site. To chat through a smartphone, you must first download the Zoom app from the App Store or Google Play.

Perspectives counselors can provide customized support, including feedback and guidance on conflict resolution, having difficult conversations with co-workers while maintaining long-term relationships, and more. As we work together through the workforce disruption, it is important that we all take advantage of support resources and carve out moments to focus on self-care. It will allow us all to better care for our patients who are counting on us to continue delivering the excellent care they need.